

Chateau Estates Elementary School

Anti-Bullying Policy

At Chateau Estates Elementary School, we define bullying as repeated actions towards an individual, or groups of individuals. Such actions are hurtful, harmful, offensive, inappropriate, obscene, or considered otherwise unacceptable behavior, with intent to harm either physically or emotionally. A bully's actions can involve harming someone or destroying/abusing their property. A bully is someone who is concerned about their own happiness or self-fulfillment over the happiness, and feelings of safety, for others. Whatever the reasons, bullies are individuals who seem to gain a sense of power by trying to rob others of their self-esteem. There are several types of bullying, including verbal, social/emotional, physical, and cyber.

Verbal bullying is defined as name-calling, teasing, making threats, as well as using curse words and criticisms. Social/emotional bullying is defined as spreading rumors, excluding others from a group, and blaming someone for something they did not do. Physical bullying is defined as hitting, kicking, pushing, punching, spitting, tripping, slapping, throwing objects at someone, as well as damage or theft of personal property. Cyber bullying is using the Internet (including, but not limited to texts, e-mails, chat rooms, and social networking) to humiliate or tear someone down. At Chateau Estates Elementary School, we will NOT tolerate bullying of any kind. We are a diverse family of many backgrounds, ethnicities, beliefs, colors, shapes, and sizes. And, we will choose to embrace our differences and practice acceptance of all individuals who make up our beautiful school family.

Anti-Bullying Pledge

“Stand Up Against Bullies Rap”

Stand up against bullies,

Don't sit down.

Face the situation.

Let's begin the crackdown.

Working together,

We can all find peace.

We can end bully power

And the hurting will cease.

Let's all do our part

To make the message clear.

We won't put up with bullies!

Only friends allowed here!

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To prevent bullying at our school, we can...

1. Stand up for themselves is a positive way
2. Stay together in groups
3. Stick up for their friends in a positive way
4. Ignore bullies and walk away
5. Refuse to believe what bullies say; don't allow them to lower your self-esteem
6. Report bullying incidents that are harmful, dangerous, and destructive
7. Ask the bully to stop
8. Look at the situation with a sense of humor
9. Agree with the bully if the circumstance fits
10. Talk the problem over with their parents
11. Befriend the bully, if possible
12. Use the anonymous "bully box" in their teachers' classroom to privately report incidents

Contributors:

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