



**Jefferson Parish Public Schools**  
**Scheduled Menu Plans Calendar**

**January 2023**

**Serving Period:** Lunch

**Serving Line:** Main Line

**MIDDLE**

Monday	Tuesday	Wednesday	Thursday	Friday
-2-	-3-	-4- Hamburger Lettuce/Tomato/Pickle Cup Crispy Fries Baked Beans Fresh Apple Quarters Choice of Milk	-5- Southern Baked Fish Fresh Baked Dinner Rolls Mashed Potatoes Seasoned Green Beans Chilled Peaches Choice of Milk	-6- Pizza Marinara Cup Dark Green Salad with Ranch Dressing Frozen Strawberries Choice of Milk
-9- Red Beans Whole Grain Rice Cornbread Turnip Greens Baby Carrots with Ranch Dip Fresh Orange Quarters Choice of Milk	-10- Beef and Cheese Burrito Spanish Rice Salsa Tex Mex Beans Chilled Pineapples Choice of Milk	-11- Hot Dog Crispy Fries Coleslaw Fresh Apple Quarters Choice of Milk	-12- Chicken Alfredo Pasta Steamed Broccoli Orange Glazed Carrots Chilled Peaches Choice of Milk	-13- Pizza Marinara Cup Dark Green Salad with Ranch Dressing Frozen Strawberries Choice of Milk
-16-	-17- Mesquite Chicken Drumstick Fresh Baked Dinner Roll Baked Beans Baby Carrots with Ranch Dip Chilled Pineapples Choice of Milk	-18- Grilled Cheese Sandwich Crispy Fries Steamed Broccoli Fresh Apple Quarters Choice of Milk	-19- Chicken and Turkey Sausage Gumbo Whole Grain Rice Potato Salad Oven Fried Okra Chilled Peaches Choice of Milk	-20- Pizza Marinara Cup Dark Green Salad with Ranch Dressing Frozen Strawberries Choice of Milk
-23- Oven Fried Chicken Drumstick Red Beans with Rice Zesty Fries Fresh Orange Quarters Choice of Milk	-24- Soft Taco Spanish Rice Tex Mex Beans Taco Salad Cup Chilled Pineapples Choice of Milk	-25- Macaroni and Cheese Seasoned Green Beans Baby Carrots with Ranch Dip Fresh Apple Quarters Choice of Milk	-26- Chicken Bites Fresh Baked Dinner Roll Loaded Mashed Potatoes Steamed Broccoli Chilled Peaches Choice of Milk	-27- Pizza Marinara Cup Dark Green Salad with Ranch Dressing Frozen Strawberries Choice of Milk
-30- Spaghetti and Meatballs Seasoned Corn Creamy Italian Salad Fresh Orange Quarters Choice of Milk	-31- Mandarin Chicken Breadstick Fried Rice Baby Carrots with Ranch Dip Cucumber Wheels Chilled Pineapples Choice of Milk			