



Jefferson Parish Public Schools
Scheduled Menu Plans Calendar

January 2023

Serving Period: Lunch

Serving Line: Main Line

HIGH

Monday	Tuesday	Wednesday	Thursday	Friday
-2-	-3-	-4- Entree: Chicken Alfredo Pasta Breadstick and Steamed Broccoli OR Spicy Chicken Sandwich w/ Lettuce/Tomato/Pickle, Steamed Broccoli and Crispy Fries OR Hamburger w/ Lettuce/Tomato/Pickle, Steamed Broccoli and Crispy Fries OR Chef Salad w/ Breadstick and Marinara Cup Sides: Seasoned Carrots Manager's Choice of Juice Fresh Apple Quarters Choice of Milk	-5- Entree: Mesquite Chicken/ Mashed Potatoes and Gravy and Dinner Roll OR Spicy Chicken Sandwich w/ Lettuce/Tomato/Pickle and Crispy Fries OR Hamburger w/ Lettuce/Tomato/Pickle and Crispy Fries OR Chef Salad w/ Breadstick and Marinara Cup Sides: Red Beans and Rice Manager's Choice of Juice Chilled Peaches Choice of Milk	-6- Entree: Pizza w/ Dark Green Salad with Ranch Dressing OR Spicy Chicken Sandwich w/ Lettuce/Tomato/Pickle and Crispy Fries OR Hamburger w/ Lettuce/Tomato/Pickle and Crispy Fries OR Chef Salad w/ Breadstick and Marinara Cup Sides: Baby Carrots w/ Ranch Dip Manager's Choice of Juice Frozen Strawberries Choice of Milk
-9- Entree: Gumbo w/ Rice, 1/2 Grilled Cheese Sandwich and Oven Fried Okra OR Spicy Chicken Sandwich w/ Lettuce/Tomato/Pickle and Crispy Fries OR Hamburger w/ Lettuce/Tomato/Pickle and Crispy Fries OR Chicken Salad w/ Breadstick and Marinara Cup Sides: Potato Salad Manager's Choice of Juice Fresh Orange Quarters Choice of Milk	-10- Entree: Soft Taco w/ Spanish Rice, Tex Mex Beans, and Taco Salad Cup OR Spicy Chicken Sandwich w/ Lettuce/Tomato/Pickle and Baked Beans OR Hamburger w/ Lettuce/Tomato/Pickle and Baked Beans OR Chicken Salad w/ Breadstick and Marinara Cup Sides: Zesty Fries Manager's Choice of Juice Chilled Pineapples Choice of Milk	-11- Entree: Spaghetti and Meatballs w/ Steamed Broccoli and Breadstick OR Spicy Chicken Sandwich w/ Lettuce/Tomato/Pickle, Steamed Broccoli, and Crispy Fries OR Hamburger w/ Lettuce/Tomato/Pickle, Steamed Broccoli, and Crispy Fries OR Chicken Salad w/ Breadstick with Marinara Cup Sides: Seasoned Carrots Manager's Choice of Juice Fresh Apple Quarters Choice of Milk	-12- Entree: Chicken Tenders w/ Waffle and Roasted Potatoes OR Spicy Chicken Sandwich w/ Lettuce/Tomato/Pickle and Crispy Fries OR Hamburger w/ Lettuce/Tomato/Pickle and Crispy Fries OR Chicken Salad w/ Breadstick and Marinara Cup Sides: Red Beans and Rice Manager's Choice of Juice Chilled Peaches Choice of Milk	-13- Entree: Mandarin Chicken w/ Fried Rice, Cucumber Wheels and Breadstick OR Spicy Chicken Sandwich w/ Lettuce/Tomato/Pickle and Crispy Fries OR Hamburger w/ Lettuce/Tomato/Pickle and Crispy Fries OR Chicken Salad w/ Breadstick and Marinara Cup Sides: Baby Carrots w/ Ranch Dip Manager's Choice of Juice Frozen Strawberries Choice of Milk



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<p align="center">-16-</p>	<p align="center">-17- Entree: Nachos w/ Jalapenos, Salsa/Taco Salad Cup, Spanish Rice and Tex Mex Beans OR Spicy Chicken Sandwich w/ Lettuce/Tomato/Pickle and Baked Beans OR Hamburger w/ Lettuce/Tomato/Pickle and Baked Beans Chef Salad w/ Breadstick and Marinara Cup</p> <p align="center">Sides: Zesty Fries Manager's Choice of Juice Chilled Pineapples Choice of Milk</p>	<p align="center">-18- Entree: Chicken Alfredo Pasta Breadstick and Steamed Broccoli OR Spicy Chicken Sandwich w/ Lettuce/Tomato/Pickle, Steamed Broccoli and Crispy Fries OR Hamburger w/ Lettuce/Tomato/Pickle, Steamed Broccoli and Crispy Fries OR Chef Salad w/ Breadstick and Marinara Cup</p> <p align="center">Sides: Seasoned Carrots Manager's Choice of Juice Fresh Apple Quarters Choice of Milk</p>	<p align="center">-19- Entree: Mesquite Chicken/ Mashed Potatoes and Gravy and Dinner Roll OR Spicy Chicken Sandwich w/ Lettuce/Tomato/Pickle and Crispy Fries OR Hamburger w/ Lettuce/Tomato/Pickle and Crispy Fries OR Chef Salad w/ Breadstick and Marinara Cup</p> <p align="center">Sides: Red Beans and Rice Manager's Choice of Juice Chilled Peaches Choice of Milk</p>	<p align="center">-20- Entree: Pizza w/ Dark Green Salad with Ranch Dressing OR Spicy Chicken Sandwich w/ Lettuce/Tomato/Pickle and Crispy Fries OR Hamburger w/ Lettuce/Tomato/Pickle and Crispy Fries OR Chef Salad w/ Breadstick and Marinara Cup</p> <p align="center">Sides: Baby Carrots w/ Ranch Dip Manager's Choice of Juice Frozen Strawberries Choice of Milk</p>
<p align="center">-23- Entree: Gumbo w/ Rice, 1/2 Grilled Cheese Sandwich and Oven Fried Okra OR Spicy Chicken Sandwich w/ Lettuce/Tomato/Pickle and Crispy Fries OR Hamburger w/ Lettuce/Tomato/Pickle and Crispy Fries OR Chicken Salad w/ Breadstick and Marinara Cup</p> <p align="center">Sides: Potato Salad Manager's Choice of Juice Fresh Orange Quarters Choice of Milk</p>	<p align="center">-24- Entree: Soft Taco w/ Spanish Rice, Tex Mex Beans, and Taco Salad Cup OR Spicy Chicken Sandwich w/ Lettuce/Tomato/Pickle and Baked Beans OR Hamburger w/ Lettuce/Tomato/Pickle and Baked Beans OR Chicken Salad w/ Breadstick and Marinara Cup</p> <p align="center">Sides: Zesty Fries Manager's Choice of Juice Chilled Pineapples Choice of Milk</p>	<p align="center">-25- Entree: Spaghetti and Meatballs w/ Steamed Broccoli and Breadstick OR Spicy Chicken Sandwich w/ Lettuce/Tomato/Pickle, Steamed Broccoli, and Crispy Fries OR Hamburger w/ Lettuce/Tomato/Pickle, Steamed Broccoli, and Crispy Fries OR Chicken Salad w/ Breadstick with Marinara Cup</p> <p align="center">Sides: Seasoned Carrots Manager's Choice of Juice Fresh Apple Quarters Choice of Milk</p>	<p align="center">-26- Entree: Chicken Tenders w/ Waffle and Roasted Potatoes OR Spicy Chicken Sandwich w/ Lettuce/Tomato/Pickle and Crispy Fries OR Hamburger w/ Lettuce/Tomato/Pickle and Crispy Fries OR Chicken Salad w/ Breadstick and Marinara Cup</p> <p align="center">Sides: Red Beans and Rice Manager's Choice of Juice Chilled Peaches Choice of Milk</p>	<p align="center">-27- Entree: Mandarin Chicken w/ Fried Rice, Cucumber Wheels and Breadstick OR Spicy Chicken Sandwich w/ Lettuce/Tomato/Pickle and Crispy Fries OR Hamburger w/ Lettuce/Tomato/Pickle and Crispy Fries OR Chicken Salad w/ Breadstick and Marinara Cup</p> <p align="center">Sides: Baby Carrots w/ Ranch Dip Manager's Choice of Juice Frozen Strawberries Choice of Milk</p>



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<p>-30- Entree: Red Beans and Rice w/Dark Green Salad with Ranch Dressing/Oven Fried Okra/Breadstick OR Spicy Chicken Sandwich w/ Lettuce/Tomato/Pickle and Crispy Fries OR Hamburger w/ Lettuce/Tomato/Pickle and Crispy Fries OR Chef Salad w/ Breadstick and Marinara Sauce</p> <p>Sides: Potato Salad Manager's Choice of Juice Fresh Orange Quarters Choice of Milk</p>	<p>-31- Entree: Nachos w/ Jalapenos, Salsa/Taco Salad Cup, Spanish Rice and Tex Mex Beans OR Spicy Chicken Sandwich w/ Lettuce/Tomato/Pickle and Baked Beans OR Hamburger w/ Lettuce/Tomato/Pickle and Baked Beans Chef Salad w/ Breadstick and Marinara Cup</p> <p>Sides: Zesty Fries Manager's Choice of Juice Chilled Pineapples Choice of Milk</p>			
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