



**Jefferson Parish Public Schools
Scheduled Menu Plans Calendar**

February 2023

Serving Period: Lunch

Serving Line: Main Line

HIGH

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| | | -1- Entree: Chicken Alfredo Pasta Breadstick and Steamed Broccoli OR Spicy Chicken Sandwich w/ Lettuce/Tomato/Pickle, Steamed Broccoli and Crispy Fries OR Hamburger w/ Lettuce/Tomato/Pickle/, Steamed Broccoli and Crispy Fries OR Chef Salad w/ Breadstick and Marinara Cup Sides: Seasoned Carrots Manager's Choice of Juice Fresh Apple Quarters Choice of Milk | -2- Entree: Mesquite Chicken/ Mashed Potatoes and Gravy and Dinner Roll OR Spicy Chicken Sandwich w/ Lettuce/Tomato/Pickle and Crispy Fries OR Hamburger w/ Lettuce/Tomato/Pickle and Crispy Fries OR Chef Salad w/ Breadstick and Marinara Cup Sides: Red Beans and Rice Manager's Choice of Juice Chilled Peaches Choice of Milk | -3- Entree: Pizza w/ Dark Green Salad with Ranch Dressing OR Spicy Chicken Sandwich w/ Lettuce/Tomato/Pickle and Crispy Fries OR Hamburger w/ Lettuce/Tomato/Pickle and Crispy Fries OR Chef Salad w/ Breadstick and Marinara Cup Sides: Baby Carrots w/ Ranch Dip Manager's Choice of Juice Frozen Strawberries Choice of Milk |
| -6- Entree: Gumbo w/ Rice, 1/2 Grilled Cheese Sandwich and Oven Fried Okra OR Spicy Chicken Sandwich w/ Lettuce/Tomato/Pickle and Crispy Fries OR Hamburger w/ Lettuce/Tomato/Pickle and Crispy Fries OR Chicken Salad w/ Breadstick and Marinara Cup Sides: Potato Salad Manager's Choice of Juice Fresh Orange Quarters Choice of Milk | -7- Entree: Soft Taco w/ Spanish Rice, Tex Mex Beans, and Taco Salad Cup OR Spicy Chicken Sandwich w/ Lettuce/Tomato/Pickle and Baked Beans OR Hamburger w/ Lettuce/Tomato/Pickle and Baked Beans OR Chicken Salad w/ Breadstick and Marinara Cup Sides: Zesty Fries Manager's Choice of Juice Chilled Pineapples Choice of Milk | -8- Entree: Spaghetti and Meatballs w/ Steamed Broccoli and Breadstick OR Spicy Chicken Sandwich w/ Lettuce/Tomato/Pickle, Steamed Broccoli, and Crispy Fries OR Hamburger w/ Lettuce/Tomato/Pickle, Steamed Broccoli, and Crispy Fries OR Chicken Salad w/ Breadstick with Marinara Cup Sides: Seasoned Carrots Manager's Choice of Juice Fresh Apple Quarters Choice of Milk | -9- Entree: Chicken Tenders w/ Waffle and Roasted Potatoes OR Spicy Chicken Sandwich w/ Lettuce/Tomato/Pickle and Crispy Fries OR Hamburger w/ Lettuce/Tomato/Pickle and Crispy Fries OR Chicken Salad w/ Breadstick and Marinara Cup Sides: Red Beans and Rice Manager's Choice of Juice Chilled Peaches Choice of Milk | -10- |



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| <p>-13- Entree: Red Beans and Rice w/Dark Green Salad with Ranch Dressing/Oven Fried Okra/Breadstick OR Spicy Chicken Sandwich w/ Lettuce/Tomato/Pickle and Crispy Fries OR Hamburger w/ Lettuce/Tomato/Pickle and Crispy Fries OR Chef Salad w/ Breadstick and Marinara Sauce</p> <p>Sides: Seasoned Corn Manager's Choice of Juice Fresh Orange Quarters Choice of Milk</p> | <p>-14- Entree: Nachos w/ Jalapenos, Salsa/Taco Salad Cup, Spanish Rice and Tex Mex Beans OR Spicy Chicken Sandwich w/ Lettuce/Tomato/Pickle and Baked Beans OR Hamburger w/ Lettuce/Tomato/Pickle and Baked Beans Chef Salad w/ Breadstick and Marinara Cup</p> <p>Sides: Zesty Fries Manager's Choice of Juice Chilled Pineapples Choice of Milk</p> | <p>-15- Entree: Chicken Alfredo Pasta Breadstick and Steamed Broccoli OR Spicy Chicken Sandwich w/ Lettuce/Tomato/Pickle, Steamed Broccoli and Crispy Fries OR Hamburger w/ Lettuce/Tomato/Pickle, Steamed Broccoli and Crispy Fries OR Chef Salad w/ Breadstick and Marinara Cup</p> <p>Sides: Seasoned Carrots Manager's Choice of Juice Fresh Apple Quarters Choice of Milk</p> | <p>-16- Entree: Mesquite Chicken/ Mashed Potatoes and Gravy and Dinner Roll OR Spicy Chicken Sandwich w/ Lettuce/Tomato/Pickle and Crispy Fries OR Hamburger w/ Lettuce/Tomato/Pickle and Crispy Fries OR Chef Salad w/ Breadstick and Marinara Cup</p> <p>Sides: Red Beans and Rice Manager's Choice of Juice Chilled Peaches Choice of Milk</p> | <p>-17-</p> |
| <p>-20-</p> | <p>-21-</p> | <p>-22-</p> | <p>-23-</p> | <p>-24-</p> |
| <p>-27- Entree: Red Beans and Rice w/Dark Green Salad with Ranch Dressing/Oven Fried Okra/Breadstick OR Spicy Chicken Sandwich w/ Lettuce/Tomato/Pickle and Crispy Fries OR Hamburger w/ Lettuce/Tomato/Pickle and Crispy Fries OR Chef Salad w/ Breadstick and Marinara Sauce</p> <p>Sides: Seasoned Corn Manager's Choice of Juice Fresh Orange Quarters Choice of Milk</p> | <p>-28- Entree: Nachos w/ Jalapenos, Salsa/Taco Salad Cup, Spanish Rice and Tex Mex Beans OR Spicy Chicken Sandwich w/ Lettuce/Tomato/Pickle and Baked Beans OR Hamburger w/ Lettuce/Tomato/Pickle and Baked Beans Chef Salad w/ Breadstick and Marinara Cup</p> <p>Sides: Zesty Fries Manager's Choice of Juice Chilled Pineapples Choice of Milk</p> | | | |