

JPS COVID-19 Physical Education Guidance

Phase 2	Phase 3	Phase 4
<p>Groups</p> <ul style="list-style-type: none"> Limited to 25, including the teacher, with social distancing of 6 ft Schools must determine the designated assembly areas for each class to maintain social distancing requirements Schools must plan for various weather conditions (heat, rain, lightning, etc.) <p>Equipment Only equipment that will NOT be touched by multiple students may be used (e.g. no balls)</p> <p>Dress Out NOT allowed</p> <p>School Water Fountains NOT allowed</p> <p>Limited Physical Activity</p> <ul style="list-style-type: none"> Health Rules of games Social Emotional Learning Curriculum (LifeSkills, CATCH, etc.) 	<p>Groups Groups limited to 50, including the teacher, with social distancing of 6 ft</p> <p>Equipment Allows for the use of equipment with frequent sanitation after use</p> <p>Dress Out</p> <ul style="list-style-type: none"> Not required Use of locker room prohibited <p>School Water Fountains NOT allowed</p> <p>Activity Curriculum</p>	<p>Groups Groups limited to 75% of capacity</p> <p>Equipment Allows for the use of equipment with frequent sanitation after use</p> <p>Dress Out</p> <ul style="list-style-type: none"> Allowed School site decision <p>School Water Fountains TBA</p> <p>Activity Curriculum</p>

Curriculum Resources:

- Focus Fitness Physical Education Curriculum - Five for Life, Grades PK-High School
- LifeSkills (Social Emotional Learning Curriculum), Grades 6, 7 & HS Health
- CATCH – 43 CATCH Trained Elementary & Middle Schools (Physical Activity, Health & SEL)
- LDOE Physical Education Curriculum Guide

Curriculum Topics by Quarter:

- 1st Quarter:** Review school policies for start-of-school procedures, Fitness Gram, Health, LifeSkills, Flag Football (Rules & Safety, Skill; Participate in small group drills and games demonstrating strategies and fundamentals of the sport)
- 2nd Quarter:** Fitness Gram, Health, LifeSkills, Volleyball (Rules & Safety, Skills, Development of Offensive, Defensive Cooperative Strategies and individual/dual/team activities)
- 3rd Quarter:** Fitness Gram, Health, LifeSkills, Basketball (Rules & Safety, Skill; Participate in small group drills and games demonstrating strategy and fundamentals of the sport)
- 4th Quarter:** Fitness Gram, Health, LifeSkills, Baseball/Softball/Soccer (Rules & Safety, Skill; Participate in small group drills and games demonstrating strategies and fundamentals of the sport)