

# JPS COVID-19 Athletic Guidance

## Phase 2

## Phase 3

### Groups

- Limited to 25 including the coaches with social distancing of 6 ft.
- Restrooms and locker rooms closed.

### Equipment

Equipment that will not be touched by multiple students (no balls) Must be sanitized after use.

### Temperature Checks

<100.4 and no symptoms they can practice

### Time

Practice allowed for maximum of 60 minutes

### School Water Fountains

NOT Allowed

### Sports

Football – No practice, no intra-squad scrimmage, no interschool scrimmage, no game play.

Cross Country – Practice, intra-squad scrimmage, interschool scrimmage, game play.

Basketball – No practice, no intra-squad scrimmage, no interschool scrimmage, no game play.

Soccer - No practice, no intra-squad scrimmage, no interschool scrimmage, no game play.

Volleyball – Practice, intra-squad scrimmage, no interschool scrimmage, no game play.

Swimming - Practice, intra-squad scrimmage, interschool scrimmage, game play.

Wrestling - No practice, no intra-squad scrimmage, no interschool scrimmage, no game play.

Cheer, Dance and Pep – May not practice/perform partner stunts or builds. No sharing pom-poms or signs. Use social distancing markers. Chants, jumps, and dances without contact are permissible.

### Groups

- Groups limited to 50 including the coaches with Social distancing of 6 ft.
- Locker rooms, bathrooms can reopen if appropriate sanitation protocols are implemented.

### Equipment

No restrictions on equipment if proper sanitization protocols before, during, and after use are implemented.

### Temperature Checks

>100.4 and no symptoms they can practice.

### Time

90 minute practices

### School Water Fountains:

NOT Allowed: hydration stations must be contactless

### Sports

Football – Practice, intra-squad scrimmage, interschool scrimmage, game play.

Cross Country – Practice, intra-squad scrimmage, interschool scrimmage, game play.

Basketball – Practice, intra-squad scrimmage, interschool scrimmage, game play

Soccer – Practice, intra-squad scrimmage, interschool scrimmage, game play

Volleyball – Practice, intra-squad scrimmage, interschool scrimmage, game play. Maximum 50 persons allowed in gym for practice or game.

Swimming – Practice, intra-squad scrimmage, interschool scrimmage, game play.

Wrestling – Practice, intra-squad scrimmage, interschool scrimmage, game play

Cheer, Dance and Pep – Practice, may perform partner stunts with the same partner to limit exposure, builds are not permitted. No sharing pom-poms or signs. Use social distancing markers. Chants, jumps or dances are permissible.

\*All guidelines are subject to change per LHSAA updates and guidelines.

\*All sports are governed by the LHSAA calendar.

\*Coaches are responsible for temperature and symptoms screening check of their respective athletes, and maintaining the LHSAA Coach/Athlete Monitoring Form.