



- I pledge to help stop bullying by
1. Treating everyone with respect
 2. Reporting abuse to an adult
 3. Keeping any evidence
 4. Keeping myself safe online
 5. Standing up for others
 6. Noticing the signs of abuse

By signing this pledge I can make a difference. I can help stop bullying.



A colorful pledge card from the National Bullying Prevention Center. The top left features the word "Pledge" in large orange letters, surrounded by words like "powerful", "change", "care", "acceptance", "community", "inclusion", "protect", "kindness", "help", "you're not alone", "support", and "together". The main text reads: "Pledge to be together against bullying and united for kindness, acceptance and inclusion." Below this is a question: "Why should you add your name? More than one of every five students will be bullied this year. This is probably happening to someone you know and care." It then says "Sign your name below to pledge!" followed by several blank lines for writing. At the bottom left is the logo for the National Bullying Prevention Center with the tagline "The End of Bullying Begins with You." and the website "NORC.org/Bullying". The right side of the card has a dark red background with the text "Pledge to be together against bullying and united for kindness, acceptance and inclusion." in white.