

RESOURCE LIST
JEFFERSON PARISH PUBLIC SCHOOL SYSTEM

JEFFERSON PARISH RESPONSE WEBPAGE

<https://www.jeffparish.net/press-releases/jefferson-parish-aims-to-slow-the-spread-of-covid-19-in-the-community/03-13-yyyy>

LOUISIANA DEPARTMENT OF LABOR RESPONSE

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FAMILY/HOUSING BENEFITS

****UTILITY ASSISTANCE: PLEASE CALL BEFORE TO INQUIRE ABOUT CURRENT PROCEDURES**

JeffCAP (Jefferson Community Action Programs) Community Centers

****THEY ONLY OFFER ASSISTANCE WITH LIGHT AND GAS BILLS, NOT WATER**

504-736-6900 1221 Elmwood Park Blvd., Suite 402, Jefferson, 70123
M-F 8:30-4:30

Centers assist residents of Jefferson Parish with: emergency food assistance, housing counseling, low income rent/mortgage & utility assistance, elderly & indigent transportation services and first-time homebuyer training. Must meet eligibility & income requirements, and provide proof of income & ID. Center locations listed below.

Free if qualified.; Call for appointment or walk-in *Spanish spoken? Y*

JeffCAP- Dorothy Watson Multipurpose Center—KENNER REGION OFFICE

504-736-6480 1300 S Myrtle St., Metairie
M-F 8:30-4:30; Food bank 2nd & 4th T 9-12 & 1-3

For residents of Metairie, River Ridge, Kenner and Harahan. Food bank for zip codes 70003, 70123, 70062, 70065. Proof of income, proof of residence (water bill or lease preferred), social security #s for every household member & state issued ID required. Food Bank 2nd & 4th Tu 1-4 pm: Last Name A-M on 2nd Tuesday, Last name N-Z on 4th Tuesday.

Free; Call for more info *Spanish spoken? N*

JeffCAP- Hazel R. Hurst Multipurpose Center

504-838-4277 1121 S. Causeway Blvd., Jefferson, 70121
M-F 8:30-4:30, Food Bank 2nd & 4th Tuesdays 1-4 (call ahead)

For Eastbank Jefferson Parish residents in 70001, 70002, 70005, 70006 and 70121. Food bank: Last name A-M on 2nd Tuesday, Last name N-Z on 4th Tuesday. Utility assistance program and other social services.

Free; Call for appointment *Spanish spoken? N*

Water bill concerns/assistance: Call Jefferson Parish Department of Water, (504) 736-6060

SEWERAGE AND WATER

<https://www.swbno.org/PressReleases/Details/3580> of note: Our suspension of shutting off water to customers with delinquent accounts will continue while the declared emergency is in effect. We are actively working to restore water service to those customers currently without it to help them

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stay safe and healthy. We will prioritize customers who call to inform us that they or someone in their households is a senior or has a chronic medical condition. We have waived all reconnection fees.

ENTERGY

<https://www.wdsu.com/article/coronavirus-outbreak-entergy-new-orleans-halts-some-customer-disconnections-for-next-30-days/31459128#>

disconnections stopped for next 30 days.

EVICTIIONS/HOUSING PROBLEMS

Evictions should be halted for the time being. Southeast Louisiana Legal Services *provides free representation for families facing eviction if someone is trying to evict you.*

504-529-1000

COVID-19 INFORMATION

If you have questions about coronavirus, please contact the Louisiana 211 Network by dialing 211. Or you can text the keyword LACOVID to 898-211 for the most current information about the outbreak as it becomes available.

LINK TO GRAB AND GO MEALS (SCHOOLS) BY PARISH-INTERACTIVE MAP

https://www.louisianabelieves.com/docs/default-source/louisiana-believes/school-meal-sites-during-covid-19-closures.pdf?sfvrsn=7cf09b1f_2&fbclid=IwAR139JeDtcXyfuRX-NVx7vmghOlUotle-N5zsyiiyM_ELF5znQr7Tu-fsBY

PHARMACIES THAT CAN DELIVER

Patio Drugs Retail Pharmacy at (504) 889-7070 to have your prescriptions filled and delivered to your home or work

Crescent City Pharmacy

No copay for uninsured, delivery services

504-267-4100

Kroger Specialty Meds

Harvey, LA

Specialty medication delivered

888-355-4191

CVS PHARMACY (FREE SHIPPING/DELIVERY)

WALGREENS (FREE SHIPPING/DELIVERY)

FREE DIAPERS/MEDICAID ENROLLMENT/FOOD STAMPS

CRESCENT CITY FAMILY SERVICES

<https://www.ccfamilyservices.info/supportiveservices>

Free Diapers: March 17 thru March 19 (9:00-11:30-12:30-4:00)

50 diapers per caregiver per month

429 Wall Blvd, Gretna 70056

COVID-19 SPECIFICS

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Ochsner COVID-19 Testing Clinic- CALL AHEAD:

Ochsner Urgent Care, 4100 Canal St. DO NOT JUST WALK IN. Call 911 only if you have a medical emergency; If you have a medical emergency and need to call 911, notify the dispatch personnel that you have, or are being evaluated for COVID-19. If possible, put on a facemask before emergency medical services arrive.

DRIVE THROUGH TESTING

You must call and be screened by phone before going to the drive-thru testing. (504-962-6202). They will send you to the drive-thru testing, the hours which will be Monday - Sunday from noon to 8 pm at:

Location: Driveway immediately off of Medical Center Boulevard adjacent to the West Jefferson Medical Center emergency department.

Date of Implementation: services to begin Monday, March 16; services will be provided 7 days/week (12:00 noon – 8:00 pm).

COMMUNITY HEALTH CLINICS

****PLEASE CALL AHEAD TO INQUIRE ABOUT CURRENT INFORMATION**

Crescent Care-CALL AHEAD:

For all non-COVID-19 appointments, call 504-821-2601 before going in.

St. Thomas Community Health Center:

Requesting that clients not come in for non-essential appointments, and to call (504) 529-5558 first before coming in if you have any COVID-19 symptoms. They are also asking that if one does come into the clinic, they come alone and do not bring others with them.

Daughters of Charity:

Contact them before going in to regularly scheduled appointments. For Behavioral Health please call the therapist if you have the number or call the main number for Behavioral Health. 504-207-4925.

MENTAL HEALTH SERVICES

****PLEASE CALL AHEAD TO INQUIRE ABOUT CURRENT INFORMATION**

24/7, Free, Confidential Mental Health Support:

If you or a loved one are feeling overwhelmed by this emergency, please call 2-1-1 for assistance. 2-1-1's 24/7 phone, text, and chatlines LINK: -<https://vialink.org/> are a safe space for anyone who is going through a hard time, having thoughts about suicide, or just needs to talk. Crisis Intervention Specialists are ready to listen, provide emotional support and help you develop a safety plan if necessary. Specialists are not here to judge or tell you what you should do.

Jefferson Parish School Based Health Centers

If your child received psychiatry services at one of our School Based Health Centers (Bonnabel, Butler, Ehret, Riverdale or West Jefferson), our doctors will continue services by telehealth. If your child receives SBHC psychiatry services and you have a question, please call 504.301.5720

504-301-5720

Metropolitan Human Services District:

Continuing business as usual. They will be screening clients via temperature at the front door. If you have a high temperature, you will be turned away, if not, appointments will continue.

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Integrated Family Services (MST and MHR):

Business as usual, they are taking precautions. Looking to be able to do virtual sessions, not currently approved to do them.

Jefferson Parish Human Services Authority

(504) 838-5257

3616 S-I-10 Service Rd.,
W. Metairie, LA 70001

Access Health Louisiana

(504) 712-7800

1401 W. Esplanade Ave., Ste 108A
Kenner, LA 70065

To reach the AHL pharmacy please call: (985) 785-5826 or toll-free 1-833-556-6290

The pharmacy is open Monday through Thursday from 8am-6pm, Fridays 8am-5pm and Saturdays 8am-Noon.

Mercy Family Center: Our three clinic locations (New Orleans, Metairie, and Mandeville, LA) are rescheduling in-person appointments, but will be available to them by phone as needed. We will keep you updated of any operational changes, but trust that we, as the Sisters of Mercy before us, are committed to caring for the people in our community regardless of illness or circumstance.

Jewish Family Service:

<https://jfsneworleans.org/covid19/>

Call for Information and Referrals

504-831-8475
3300 West Esplanade Ave Suite 600
Metairie, LA 70002

CRISIS HOTLINES

VIA Help Line: 1-800-749-2673 (toll free) or 211

Provides crises telephone counseling and referral to area resources

Jefferson Parish Mobile Crisis: 832-5123

Provides emergency evaluations for mental health crises, over the phone or at your home.

Jefferson Parish Coroner's Office

2018 8th Street
Harvey, LA 70058

(504) 365-9100

If calling after hours, press 5 for mental health services.

Other Mental Health Resources:

- Coping:
"How To Cope With Sheltering in Place":

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https://store.samhsa.gov/system/files/sma14-4893.pdf?utm_campaign=City_of_New_Orleans&utm_content=&utm_medium=email&utm_source=govdelivery&utm_term=

Tips on talking to children about infectious disease outbreaks:
https://store.samhsa.gov/system/files/pep20-01-01-006_508_0.pdf

Coping With Stress During Infectious Disease Outbreaks:
https://store.samhsa.gov/system/files/sma14-4885.pdf?utm_campaign=City_of_New_Orleans&utm_content=&utm_medium=email&utm_source=govdelivery&utm_term=

- The Emotional Impact of Disaster on Children and Families (from American Academy of Pediatrics):
https://www.aap.org/en-us/Documents/disasters_dpac_PEDsModule9.pdf
- Online AA Meetings
<http://aa-intergroup.org/directory.php> Online Directory
- Speaker Tape Websites
<https://www.aaspeaker.com>
<https://hacoaa.org/archives/speakers/>

SPANISH LANGUAGE INFO ABOUT COVID-19

https://www.nctsn.org/resources/parent-caregiver-guide-to-helping-families-cope-with-the-coronavirus-disease-2019-sp?utm_campaign=City_of_New_Orleans&utm_content=&utm_medium=email&utm_source=govdelivery&utm_term=

https://www.nctsn.org/sites/default/files/resources/fact-sheet/parent_caregiver_guide_to_helping_families_cope_with_the_coronavirus_disease_2019-sp.pdf

DOMESTIC VIOLENCE

If you're in fear of being quarantined or isolated with an abuser, contact the National Domestic Violence Hotline via chat or by calling 1-800-799-7233. Not everyone can just hunker down and be safe.

The New Orleans Family Justice Center remains open for emergency walk-in needs 9am-5pm at 701 Loyola Ave. 2nd floor. Please call ahead for a faster response: 504-592-4005. Our hotline will be answered 24/7: 504-866-9554. The Hope Community Health Center remains open for forensic medical exams for domestic violence and sexual assault survivors as well as current patients needing to pick up medication. Please call: 504-503-0878 for more information.

FOOD ACCESS

SNAP BENEFITS: <http://www.dcfslouisiana.gov/page/360> (No current DSNAP, but this may change).

Second Harvest: If you need food assistance, call us toll-free Monday- through Friday, 8am to 7pm: 1-855-392-9338 or call 2-1-1.

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Non-Public School based Meal Distribution:

- **The Drexel Center** located at St. Katherine Drexel Parish Church 3325 Danneel St. will be serving free food to anyone who needs a meal on Tuesday (3/17) from (11-1).
- **Melba's** 1525 Elysian Fields FREE breakfast (7-9am) and lunch (12-2pm) on (3/16 - 4/13). NO CHILD WILL BE TURNED AWAY.
- **St. Dominic School** 6326 Memphis St. Available to all children M-F (9-12).

Food Pantries: (these are just a few)

Families can also text their zip code to 800-548-6479 to get the three closest food banks to them. Here is the compiled information by zip code: Please note some of these resources seem to be out of date. For now these resources do not seem to be waiving any of their normal requirements.

<https://docs.google.com/document/d/1DKYieVAYbGDCTOnqJqaLJvnmeOVXTENop2fA6aF7BHY/edit?userstoinvite-mary.e.snakenberg%40gmail.com&ts=5e6feb4a&actionButton=1>

- **TCA:** 4518 Thalia St. Supplementary Food Assistance: 8-5pm M-F starting 3/17.
- **Baptist Friendship House:**
Snacks and hygiene kits distribution Tuesdays 9-11
Emergency food Tuesdays 9-11 (Need ID, proof of income, utility bill, only 1x/month)
813 Elysian Fields Ave.
- **Broadmoor Improvement Association:**
Food Pantry open Monday 10-12 and Wednesday 1- 3:30
2021 S Dupre St.
- **Cat's Claw:**
Free food distribution Fridays 2-5 PM
Fair Grinds, 2221 St. Claude Ave.
- **United Churches of Algiers:**
Food Pantry available for residents of Algiers, only 1x/month, closed Fridays
1111 Newton St., Room 109

RESOURCES FOR ELDERLY INDIVIDUALS

Council on Aging: Meals on Wheels is at capacity and not taking any clients not currently on their list.

Food box distribution for Seniors (CCANO): Greater New Orleans and remainder of the State of Louisiana: Call 1-800-522-3333 first. You will need:

- Proof of your address (such as a utility bill, phone bill, or driver's license)
- Proof of your income (such as a check stub, award letter from Social Security or SSI, or check stub from one of those programs)
- Proof of your age (a document listing your birth date, such as a birth certificate or a driver's license)
 - Our Lady Star of the Sea, 1927 St. Roch Ave, New Orleans, LA
 - Distributions are held on Monday/Tuesday/Thursday/Friday 9:00AM – 12:00PM from the 1st – 24th of the month
 - West Bank Commodity Center, 1245 First Avenue in Harvey, LA
 - Distributions held on Monday/Tuesday/Thursday/Friday 9:00 AM – 2:00 PM, and Wednesday 12:00 PM – 5:00PM.

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LOW COST/FREE INTERNET

- FREE internet from Spectrum during school shutdown, call 1-844-488-8398
- Cox free internet for 1 month, \$10 per month after <https://www.cox.com/residential/internet/connect2compete.html?fbclid=IwARoF4VY-rXVDbTxpXZGEqP84lXFIFry1m7AqPZ6uusFbeT9DZwB8T5Qisi8>
- Low-income families in the Comcast service area can sign up for 60 days of complimentary Internet Essentials service, which is normally available to all qualified low-income households for \$9.95/month. To sign up, applicants can simply visit www.internetessentials.com. There are also two dedicated phone numbers 1-855-846-8376 for English and 1-855-765-6995 for Spanish.

VIRTUAL TOURS AND FUN ENRICHMENT ACTIVITIES:

Virtual Museum Visits:

https://docs.google.com/document/d/1SvldgTx9djkO6SjyvPDsoGkkgE3iExmi3qh2KRRku_w/preview?fbclid=IwAR2YgPepAGl5pleYgVwlq-d-n5Wj_p7HUv5D2l-V5MZIt67v4xV1bc9MlhDk&pru=AAABcQh-ye8*yxl8bzxBmYrWZU1n1bEPPg

National Park Virtual Tour:

https://totallythebomb.com/heres-33-national-park-tours-you-can-take-virtually-from-the-comfort-of-your-home?fbclid=IwAR2NRJVDxzFvn05WxVScucfS6Og4eWQldC-6aHCVZUlsk6ZkSlgnWpX4Y_o

Daily Drawing Webcast Daily at 1pm CST:

<https://www.youtube.com/studiojkk>

Daily this week at 2pm FACEBOOK LIVE STREAM Serial Disruptor Chris Fields (for younger kids):
Wednesday (3/18) - some fun and relaxing and CALMING kid's yoga with the amazing Allison Sullivan.

Thursday (3/19) - an adventure all the way to Ghana, Africa.

Friday (3/20) - an online art class where kids will learn new skills and refine old ones and create something awesome (and not messy).

All of these classes will be FREE and available right here on this page via live stream. Each adventure will last between 30-45 minutes.

https://www.facebook.com/disruptionchris/?__tn__=%2CdkCH-R-R&eid=ARClGPTgJmriha7GN-KGgqTwUzQ96-JMeOIS1jxaHKX3KufKVu7nP8P7-wG8WVQzIfT7c8n-LNvt-zCt&hc_ref=ARR3hLcKa4xTN1sPVXYXYAwCtkqVrJWZWYonl8uENfuXY_aUmD8nCyRvxL5fIM4bOQo&fref=hf&hc_location=group

EDUCATIONAL RESOURCES FOR ADULTS

The eight Ivy League schools are among the most prestigious colleges in the world. They include Brown, Harvard, Cornell, Princeton, Dartmouth, Yale, and Columbia Universities, and the University of Pennsylvania. All eight schools place in the top fifteen of the U.S. News and World Report national university rankings.

https://www.freecodecamp.org/news/here-are-380-ivy-league-courses-you-can-take-online-right-now-for-free-9b3ffcbd7b8c/?fbclid=IwAR1bB_lPmzCxHu9o9Ssxk7j15js9OamN4ES6sFSfeEuc_ErX1medae1-Eg

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HEALTH AND WELLNESS

At home workouts

<https://watch.lesmillsondemand.com/at-home-workouts>

<https://www.noicc.org/virtualvideos>

<https://www.youtube.com/playlist?list=PLIACgy1v6tUrCmkaOpVoFwWkfJTKUgLcY&jct=sDBLLuPhDk>

<https://www.youtube.com/channel/UC6HPOod1Y3c10QFLEPRNk8Q/videos>

<https://www.youtube.com/user/CosmicKidsYoga>

READING/AUDIO BOOKS

<https://www.storylineonline.net/>

<https://pjllibrary.org/listen>

<https://classroommagazines.scholastic.com/support/learnathome.html>

<https://www.calm.com/> Meditation/stories

RECREATIONAL/DRAWING RESOURCES

<https://www.actionforhealthykids.org/healthy-activities-to-do-at-home/>

HEALTH

<https://www.actionforhealthykids.org/resources-for-schools-and-families-during-covid-19-coronavirus/>

LUNCH DOODLES with Mo Willems!

Kennedy Center Education Artist-in-Residence at Home

Mo Willems invites YOU into his studio every day for his LUNCH DOODLE. Learners worldwide can draw, doodle and explore new ways of writing by visiting Mo's studio virtually once a day for the next few weeks. Grab some paper and pencils, pens, or crayons and join Mo to explore ways of writing and making together. New episodes will be posted each weekday at 1:00 p.m. ET and then remain online to be streamed afterwards. Check back each weekday for new LUNCH DOODLES!

https://www.kennedy-center.org/education/mo-willems/?fbclid=IwAR3CTGeRuPGfH9RyaWlUpL74Cz_QrkFZDT-mH7GS5n_hXg5SM4jvcAuwUtM

<https://www.gonoodle.com/>

LIST OF FREE EDUCATIONAL RESOURCES

<https://kidsactivitiesblog.com/135609/list-of-education-companies-offering-free-subscriptions/>

HOW TO EXPLAIN COVID-19 TO KIDS

www.mindheart.co/descargables Downloadable social story about the virus.

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savethechildren.org How to cope with long term school closures and other resources.

SESAME STREET RESOURCES/VIDEOS (SOCIAL/EMOTIONAL)

<https://sesamestreetformilitaryfamilies.org/topic/self-expression/?ytid=1ui0i2438Jw>

(These videos will apply for feelings identification and expression; they have worksheets as well)