

# Harold Keller Elementary Newsletter

By the end of the 20-21 school year, we will increase our SPS from 79.7 to 82.7 as evidenced by student performance on the LEAP 2025 assessment.

It's hard to believe that it is February! We are in the 3rd quarter which is the midway point of the year. February will be a busy month. This month includes ELPT testing, Valentine's Day, and Mardi Gras Break. Before you know it, we will have persevered to the end of the school year.

The 3rd quarter ends next month on March 19, 2021. Please continue to encourage your child to put forth his/her best effort. If you would like to change your child's learning profile from remote learning to traditional learning or vice-versa, you must complete The School Instructional Model Change Request form This form must be submitted before the end of the 9 weeks period. You can access this form by clicking [HERE](#).

Please be sure that your child attends school each day. When they miss out on instruction, they fall behind in learning important skills. All virtual English Language Learners must come to school to take the ELPT assessment. Parent will receive a call from the school to schedule a time for your child to come in and test.

Valentine's Day is right around the corner, and we know that our students, parents, and staff are looking forward to building community with the traditions of card and treat exchange. Although there are restrictions, this year we can still celebrate with some adaptations to the festivities. We are allowed paper only Valentine's cards for exchange with this process: 1. Valentine's cards are quarantined for 72 hours at the school before exchange. All cards must be brought to school by February 9, 2021. 2. No food or candy are allowed in individual exchanges.

This school year has been a challenge, but because of your support, your children's cooperation, and a dedicated staff, we are able to continue to provide our students with a safe learning environment. Thank you for your continued support,

Jessica Smith,

Principal



## LEADER IN ME



When you think WIN-WIN, you think about what other people want, not just about what you want.

You are kind to others and think of ways to make sure everyone is happy.

This habit helps us build relationships with others.

When you disagree with someone, come up with a solution that will make you and the other person happy.

## COUNSELOR'S CORNER

### Counselor's Corner- February 2021

This month our counselor, Ms. Leonard will work with our K-5<sup>th</sup> grade students on character education lessons and activities that focus on learning to handle making mistakes, taking responsibility and ownership of our mistakes in order to learn and grow from them to become a better person. Students will learn coping skills and use those skills to identify and express their emotions and feelings in an appropriate way. These lessons will reinforce self-awareness, foster healthy relationships, and help our students learn to respond to various emotions that promote unity amongst all member of our school community.

Ms. Leonard will continue to schedule and conduct mandatory child abuse presentations with all students. Parent consent forms will be sent home the week prior to your child's class presentation. **Please sign and return the consent form if you DO NOT want your child to participate in the presentation.**

Please contact the school if you feel that your child may need assistance with Counseling services. Ms. Leonard, (504) 887-3836

***At Harold Keller, we work daily with students to promote safety, build connections, and promote healthy social interactions to promote and foster and environment to optimize their learning, and social emotional growth to ensure success in and out of school.***

### MINDFULNESS EATING

When you are mindful about what you eat, you eat less often, and desire healthier foods.

Place the selected food on a plate. Then, look at the food. Pay attention to the color of the food and the smell of the food. Take a bite and notice the sensation of the food in your mouth. What's the feeling in your stomach? Pick up the food slowly. Hold the food in your fingers and look at it in your grasp. What does the food feel like in your hand, it's texture, temperature?

Bring the food slowly to your lips, slowly open and place the food on your tongue. What do you taste and what does it feel like? Try not to swallow the food right away. Feel the food going down as you swallow. Notice what your stomach may be feeling. Now you have finished your exercise.

### IMPORTANT DATES

#### February 1- March 12

**ELPT Testing**

February 9

**Bring Valentine's Cards to Quarantine**

February 13

**Valentine's Day Exchanges**

February 15-19

**Mardi Gras Break**



**Please sign and return the Virtual Discipline Policy and return to your child's teacher.**